



Sunwise Action Tip

How can you be like
the lion and be safe
in the Sun?



Be SunWise®

Seek Shade

Remember the shadow
rule like lions do. When your
shadow is shorter than you
are, seek shade!

The sun's UV rays are strongest
between 10 a.m. and 4 p.m.

For more information visit:
www.epa.gov/sunwise



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