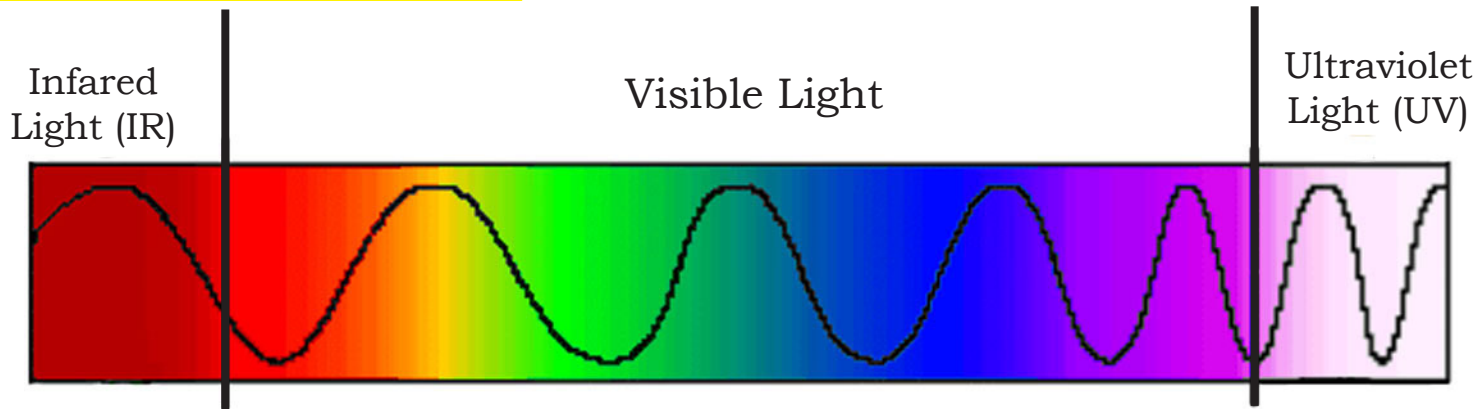


Effects of UV on Your Eyes



The sun radiates energy over a broad spectrum of wavelengths. We cannot see UV radiation, but we can feel IR radiation as heat. Too much exposure to UV can harm our skin and our eyes.

If you forget to wear Sunglasses

harmful UV rays enter the eye causing cataracts and other eye damage.

